****

**a|Xdfs'df/L O{Zj/Lo ljZj ljBfno**

**dw'jg kL; l/l6«6 ;]G6/**

**3f]/fxL, bfª**

**kl/ro k|:tfljt sfo{of]hgf**

**Introduction for Full Project Proposal**

$dfr{ @)!&

a|Xdfs'df/L O{Zj/Lo ljZj ljBfno /fhof]u k|lzIf0f s]Gb|, g]kfn

If]lqo k|lzIf0f s]Gb,| bfª

Joj:yfkg ;ldltåf/f k|dfl0ft ul/Psf]]

ljifo ;'rL

qm=;= k]h g+=

1. ljifo ;'rL ………………………………………………………

2. of]hgfsf] k[i6e"dL…………=…………………………………

3. ;+:yfsf] kl/ro==================================……………………

4. of]hgfsf] kl/ro ……………………………..................

5. of]hgfsf] p2]Zox?,………………....................

6. lgdf0f{sf nflu cfGtl/s a:t'l:ylt ……………………………

7. of]hgf lgdf0f{sf nflu cfly{s >f]t ………………...……………

8. of]hgfaf6 x'g] ;]jf ……….……………………………...………

9. of]hgfsf If]qx? . ……………………................…………...

10. of]hgfsf] lgisif{ ……….……………………………….......……

2. of]hgfsf] k[i7e"dL

cfh ;dfhnfO{ gjLg lbzf k|bfg ug{, pTsif{ ofgL >[hgsf] lt/ cu|;/ x'g / ;dfhdf a:g] k|Tos JolQm ljz]ifnfO{ dfgl;s, af}l4s, ef}lts, ;fdflhs, cfly{s / cfWoflTds pGgltsf] dfu{df cu|;/ u/fpgsf nflu o; a|Xdfs'df/L O{Zj/Lo ljZj ljBfno /fhof]u k|lzIf0f s]Gb| g]kfn /fKtL If]qsf] s]Gb|df Pp6f clt ljlzi6 ædw'jg kL; l/l6«6 ;]G6/Æ agfpg] p2]Zo /x]sf] 5 . o; j[xb of]hgfn] o; If]qsf] ljsf;df cToGt dxTjk"0f{ e"ldsf lgj{xg ug]{5 . o; of]hgfdf ul/g] ;+/rgfx? jfXo cfsif{0fsf b[li6n] / ko{6lso b[li6n] clt cfsif{s / ;f}bo{sf vfgsf ?kdf o; Ifqsf] cfsif{0fsf] s]Gb| ljGb' /xg] 5 . lsgsL ef}uf]lns b[li6sf]0fn] klg 3f]/fxL zx/sf] d'§'df /x]sf] / aGg nfu]sf] ædw'jg kL; l/l6«6 ;]G6/Æsf] ;+/rgf clt g} gjLg / cgf}7f] kl/b[iosf ?kdf b]lvg]5 . dfq @%(\*=() ju{ ld6/sf] l;ldt e"dLdf j[xb ;+/rgf agfpg' kg]{ x'bf e"ldut sf/ kfls{ª, cfWoflTds ;+u|fxno, cfjf; lgjf;, ljleGg Ifdtfsf ;efxfn / Pp6f ljzfn cl86f]l/od ;d]t /x]sf] ædw'jg kL; l/l6«6 ;]G6/Æ g]kfns} gDa/ ! agfpg] p2]Zo /x]sf] 5 . h;nfO{ Ps af/ canf]sg ug]{ JolStsf] hLjgdf k"0f{ ;sf/fTds kl/jt{g cfpg] 5 . ;+u|fxno ljz]if dfjg hLjgsf] cfWoflTds, wfld{s, ;f+:s[lts / df}lns ljsf;sf nflu cToGt cfsif{s kl/b[io{n] >[+ufl/Psf] clt ;"Gb/ cnf}lss cfsif{0fsf] s]Gb| aGg] 5 . o;df aGg] Wofg s]Gb| lk/fld8 cfsf/sf] x'g]5 . h;sf] leq JolSt ;xh} cfˆgf] Wofg sl]Gb|t ug{ ;Sg] 5 . lsg eg] of] clt ljlzi6 j}1flgs k|ljlwsf cfwf/df agfO{g] 5 . h;df ;xh ?kdf a|Xdf08lso phf{ pT;h{g x'g] / o; leq Wofgdf a:g] JolQmnfO{ zfl//Ls, dfgl;s ?kn] :j:Yo nfe ldNg ;Sg] 5 . o; leq v'Nnf If]q Joj:yfkg u/]/ ;'Gb/ kfs{df cg]sf} cf}iflwo'Qm lj?jf, kmn / km"nx? tyf xl/ofnLsf] jftfa/0f /xg] 5 ;fy} o; s]Gb|df k|fs[lt pkrf/ tyf dfgl;s :jf:Yosf nflu Pp6f sfp0;f]lnª s]Gb|sf ?kdf /xg] 5 . h;sf] cjnf]sg n] JolQmdf gjLg phf{ ;+r/0f x'g] 5 . o; ædw'jg kL; l/l6«6 ;]G6/Æ df z}If]l0fs s[ofsnfkx? k|ltlbg ;+rfng ul/g] 5g . h;df cg]s tflnd, ;]ldgf/, uf]i7L, l/l6«6, ;ef, ;Dd]ng ;do ;dodf eO{ g} /xg] 5g . o;df ljz]if ul/ :yflgo jfl;x? k"0f{ nfe p7fpg ;Sg] 5g . o;df s'g} k|sf/sf] z'Ns jf lkm; nfUg] 5}g . o;df :s"nx?sf] ljbfsf] ;dodf ;fgf afn–aflnsf x?sf nflu afn JolQmTj lzjL/sf] ;+rfng ul/g] 5 h;df :yflgo af;Lsf nflu ljz]if :yfg lbOg] 5 . b]z el/sf o'jfx?sf nflu o'jf ;b\efjgf k|lzIf0f u/fOg] 5 . o;jf6 o'jfx?df JofKt Jo;gsf] cGt x'g] 5 . dlxnf ;zlSts/0faf6 dlxnf ju{df Ps ;sf/fTds kl/jt{g x'g] 5 . ;/sf/nfO{ b]z ljsf;sf] sfo{df 7"nf] db\b ldNg] 5 . of] s]Gb| bfª nfufot ;Nofg, ?s'd, Ko"7fg / /f]Nkf lhNnfnfO{ klg ;d]6]/ o; If]qsf] cfWoflTds, jf}l4s, ;fdflhs / cfly{s ljsf;df clålto ;]jf k|bfg ug]{ 5 .

o; of]hgfnfO{ ;DkGg ug{ ;+:yfsf] s'g} cfGtl/s jf jfXo cfo cfh{gsf] >f]t g/x]sf] / nfe /lxt, ;]jfd"ns ;+:yf ePsf]n] :yflgo lgsfo / g]kfn ;/sf/sf] ;+o'Qm ?kdf ;xof]usf] ck]Iff / ljZjf; /flvPsf] 5 . ;+:yfn] o; of]hgfdf pNn]lvt ;a} p2]Zox?nfO{ ta dfq sfo{Gjog ug{ ;Sg] 5 ha of]hgf ;DkGg eO{;Sg] 5 . xfdLn] ljZjf; lnosf 5f}+ ls kSs} klg xfdLn] ;f]r]sf] / agfPsf] of]hgfn] ;f]r]sf] eGbf /fd|f] / pTs[i6 sfo{ u/]/ ;j{ k|yd :yflgo lgsfo, g]kfn ;/sf/sf] ljsf;sf] x/ sfo{df cfˆgf] ;xeflutf / pQ/bfloTj jxg ug{ ;kmn /xg] 5 / g]kfndf Ps k|sfz :tDesf ?kfdf ;dfhnfO{ pHofnf] km}nfpb} JolQm / ;dfhsf] pTs[i6 ;]jf k|bfg ug]{ 5 .

3=;+:yfsf] kl/ro

a|Xdfs'df/L O{Zj/Lo ljZj ljBfno Ps c4e"t ljZj lzv/df k'u]sf] ljZj ljVoft cGt/f{li6«o :t/df dfGotf k|fKt gf/Låf/f ;+rflnt Ps z}Ifl0fs ;+:yfg xf] . h;sf] \*@ aif{sf] nfdf] P]ltxfl;s k[i6e\"dL /x]sf] 5 . hLjgsf gjLg d'ne"t ljz]iftfnfO{ lnP/ ljZjdf wd{nfO{ gofF dfgb08n] kl/eflift ul//x]sf] 5 . hLjgsf] Jo:ttfdf efu bf}8n] yfls;s]sf] hgz}nfj cfh zflGtsf] vf]hdf o; ;+:yfsf] z/0fdf cfO{/x]sf] 5g\ . of] s'g} gofF wd{ xf]O{g jf:tjdf o;n] ljZjdf JofKt wd{x?sf] ;f/nfO{ cfTd;ft u/]/ To;nfO{ dfgj sNof0fsf] lbzfdf pkof]u ug]{ sfo{ ul//x]sf] 5 .

o; ;+:yfsf] :yfkgf bfbf n]v/fh s[kfngL n] ug'{ ePsf] lyof] h;nfO{ cfh k|hflktf a|Xdf eg]/ k'sfl/G5 . bfbf n]v/fh cljeflht ef/tdf Ps xL/fsf] Jofkf/L x'g'x'GYof], afNosfn b]lv g} wfld{s k|j[lQsf] x'g'x'GYof] . ^) aif{sf] pd]/df pxfFn] k/dfTdfsf] ;To :j¿knfO{ hfGg] lbJo cg'e"lt ug'{ eof] / jxfFnfO{ O{Zj/sf] ;jf{]Rr ;Qf k|lt cfsif{0f ePsf] dx;'; ug'{eof] . To;}a]nf jxfFnfO{ Hof]lt :j?k lg/fsf/ k/dlktf lzjsf] ;fIfTsf/ eof] . To;kl5 lj:tf/} jxfFsf] dg dfgj sNof0fsf] dfu{df k|j[t x'b} uof] . jxfFnfO{ ;+;fl/s a+wgx?af6 d'Qm eP/ k/dfTdfsf] dfgj¿kL dfWod aGgsf nflu lgb]{zg k|fKt eof] . ;f]xL k]|/0ffsf] kmn:j?k ;g\ !(#^ df jxfFn] o; lj/f6 ;+u7gsf] jLh /fVg] sfd ug'{ eof] / ;g\ !(#& af6 cfWoflTds 1fg / /fhof]usf] lzIff hghgdf k'¥ofpgsf nflu o;n] Ps ;+:yfsf] ?k wf/0f u/]sf] lyof] .

o; ;+:yfsf] :yfkgfsf nflu bfbf n]v/fhn] cfˆgf] ljzfn sf/f]af/ cfˆgf] ;fem]bf/nfO{ ;f}+kL lbg' eof] / k'gM cfˆgf] hGd:yfg x}b/fafb l;+w -jt{dfgdf kfls:tfg\_ df kmls{g' eof] . oxfF cfP/ jxfFn] cfˆgf] rn crn ;Dklt o; ;+:yfsf] gfddf as;kq ul/lbg' eof] . kl5 uP/ bfbf n]v/fhnfO{ k|hflktfa|Xdf gfd lbO{of] hf];'s} JolQm cfWfflTds zflGt k|fKt ug{sf nflu k|hflktf a|Xdfsf] åf/f pRrfl/t l;4fGtx?nfO{ cg's/0f uYof]{ p;}nfO{ a|Xdfs'df/, a|Xdfs'df/L elgof] tyf o; z}Ifl0fs ;+:yfnfO{ k|hflktf a|Xdfs'df/L O{Zj/Lo ljZj ljVBfno gfdfs/0f ul/of] / o; ljZj ljBfnosf] lzIffnfO{ j}lZjs -ljZjs} nflu\_ :jLs[lt / c+t/fli6«o dfGotf klg k|fKt eof] / cfh of] ;+:yf % dxf4Lksf !^^ eGbf clws b]zx?df nueu !),))) eGbf a9L zfvf tyf pk–zfvfx? ;+rflnt 5g\ . dfgj ;+zfwg ljsf; -Human Resource Development\_ sf nflu pNn]lvt sfo{x? ub}} cfPsf] Ps u}/ ;/sf/L ;+:yfsf ?kdf ;+o'St/fi6« ;+3sf] cfly{s Pj+ ;fdflhs ;Nnfxfsf/ kl/ifbsf] k/fdz{ ;b:osf ¿kdf ;Ddflgt 5 . o"lg;]km (UNICEF) ;+u klg ;Da4 ljZj ;dfhaLr dfgj pTyfg / ljZj zflGtsf lgldQ u/]sf] pTs[i6 tyf cg's/0fLo lqmofsnfkx?sf sf/0f ;+o'Qm /fi6« ;+3af6 Ps cGt/f{li6«o, kfFr /fli6«o zflGtb"t (Peace Messenger) gfds k'/:sf/n] ;Ddflgt ePsf] 5 . o;sf] d'Vofno ef/tsf] /fh:tfg k|fGtsf] l;/f]xL lhNnfdf l:yt c/fjnLsf] pRr lzv/ dfp06 cfj'df 5 . jt{dfg ;do o; ;+:yfsf @) j6f k|efux? 5g hf] ;dfhsf k|To]s If]q / ju{nfO{ ;d]6\b} ;fdflhs Pstf, ;b\efj, ;'v–zflGtsf] sfo{df lg/Gt/ sfo{ ub}{ cfPsf] 5 . g]kfndf klg lj=;+ @)@# ;fndf cfˆgf] ;]jf k|f/De u/]sf] lyof] . /fKtL c~rndf lj=;+= @)%) ;fn b]lv ;]jf k|f/De ePsf] xf] . xfn o; If]q leq & zfvf / !# j6f O{sfO s]Gb|x? ;]jf/t 5g\ . bfª lhNnfdf d'Vo # zfvf / ^ OsfO{s]Gb|x? 5g\ .

jt{dfg ;do ;+:yfsf] p2]ZonfO{ d"t{?k lbgsf nflu cyjf ;dfhsf] ax'cfofdL ljsf; / pGgltsf nflu k|efjzfnL 9+un] ;]jf ug{ ;dfhdf a:g] k|To]s JolQmnfO{ ;zSt agfpg' clt cfjZos b]lvPsf] x'bf ;+:yfn] ;a} If]q / ju{nfO{ ;d]6\g] ul/ !( j6f k|efux?sf] :yfkgf u/]sf] 5 . hf] ;dfhsf k|To]s If]q / ju{nfO{ ;d]6\b} ;fdflhs Pstf, ;b\efj, ;'v–zflGtsf] dxfg sfo{nfO{ lg/Gt/ k|efjzfnL 9+un] sfo{Gjog ul//x]sf] / o; If]qdf klg ug]{ of]hgf /x]sf] 5 . tL k|efux? o; k|sf/ /x]sf 5g M–

**1. Administrators 2. Art and Culture 3. Business and Industry**

**4. Education 5. Jurists 6. Media**

**7. Medical 8. Politicians 9. Religious**

**10. Rural development 11. Scientists and Engineers 12. Security Services**

**13. Social Services 14. Sports 15. Transport and travel**

**16. Women 17. Youth 18. Spark wings**

**19. IT wings**

 ;fdflhs Pstf, ;b\ej / zflGtsf] :yfO{ ?kn] ;dfhdf k|lt:yfkg ug{sf nflu ;+:yfn] s]xL k|efjzfnL sf];{x? kl/dflh{t u/]sf] 5 . ;+:yfsf] d"n l;4fGt cg';f/ :jkl/jt{g af6 ljZj kl/jt{g ;Dej 5 ctM ;dfhdf a:g] k|Tos JolQmdf ;sf/fTds kl/jt{g cfpg' clt cfjZos 5 . o;} s'/fnfO{ dWogh/ ub}{ ;+:yfn] lgDglnlvt ljleGg sf];{x?sf] lgdf{0f u/]sf] 5 . tL sf];{x?nfO{ ;dfof]hg tyf kl/dfh{g / sfo{Gjog ug{' clt g} cfjZos 5 / o; If]qdf klg ;dfhsf ljleGg lgsfo / ;d'bfo tyf ;+3 ;+:yfx?df uO{ ljleGg tflnd, sf];{ tyf r]tgf d"ns sfo{qmd ub} cfPsf] / o; kl/of]hgfnfO{ cem} k|efjzfnL 9+un] nfu' ug{ h?/L b]lvPsf]n] o;sf nflu plrt :yfg ;fwg / >f]tsf] vfFrf] 5 . oL sf];{x? vf; ul/ # b]lv & lbgsf] cjlwdf k'/f ug{ ;lsG5 .

**1 Rajyoga meditation, 9 Self Managing Leadership development**

**2 Positive thinking and positive change 10 Life Management Skills**

**3 Holistic Health 11 Living Values in all areas of life**

**4 Stress Management and Right thinking 12 Self Orientation**

**5 Spiritual Leadership for organisation and personal effectiveness**

**6 Spiritual Intelligence Development 13 Mind Management**

**7 Self Esteem development 14 Self Empowerment**

**8 Relationship Management 15 Emotions Management**

oL sf];{sf cltl/Qm klg cGo cg]sf}+ sfo{qmd ul/g] ul/G5 ,

**local, Regional, National and international conferences, Seminars, Retreats, Dialogues, Workshops,**

**Festivals, Training camps, Lectures and discourse series, Peace marathons, Walkathons, Cycle rallies, Motor cycle rallies, Car rallies and so on. Village meets** cflb .

cfly{s >f]t

;+:yfsf] lgod / cg';fzgdf /xL ;a} k|efux¿df cfa4 ;dlk{t tyf ;+:yfdf lgoldt /fhof]usf] cEof; ug]{ dlxnf tyf k'¿ifx?n] :jOR5f k"j{s cf–cfˆgf] If]qdf eJo / ;Eotfsf ;fy lgoldt sfo{qmdx? lgMz'Ns / lgisfd efjn] ub}{ cfPsf] 5 . ;+:yfsf] d'Vofnon] ljZj el/df ;+rfng e}/x]sf /fhof]u ;]jfs]Gb|sf zfvf tyf pk–zfvfx?nfO{ klg ;xof]u tyf k/fd;{ lbg] ub{5 . k"0f{ dlxnfx?sf] g]t[Tjdf ;+:yfsf] k|zf;g ;+rflnt ePtf klg dflxnf tyf k'?ifx? ;dfg¿kn] lgoldt ljBfyL{sf ¿kdf ;xeflu x'G5g . o;/L g} of] ;+:yf ljZjsf cGo b]zx?df klg d'gfkmf /lxt r}l/6]jn 6«:6sf ?kdf /lh:6/ eO{ ;]jf ul//x]sf] 5 . o; ;+:yfn] s'g} klg k|sf/sf nfe xfl;n ug{] vfnsf rGbf jf cfly{s sf/f]jf/x? ub}{g, ;+:yfdf cfpg] lgoldt ljBfyL{x?sf] :jOR5fn] ul/g] tg dg wgsf] ;xof]u g} o;sf] cfo;|f]t ePsf]n] o;}af6 ;+:yfn] cfˆgf b}lgs ultljlw Pj+ l;ldt sfo{qmdx? ;+rfng ug]{ ub{5 . oBlk s'g} JolQmn], ;+3 ;+:yfn] jf s'g} ;/sf/L :t/af6 :j}lR5s ?kn] ;xof]u ePsf] v08df ;f] ;xof]unfO{ ;dfh sNof0fsf] sfo{ddf nufpg] sfd ub{5 . o; k|sf/ ;+:yfn] ug]{ clt g} dxTjk"0f{ ;fdflhs tyf dfgj sNof0fsf lqmofsnfk x?nfO{ lgoldt ?kn] ;+rfng ug{ / u/fpgsf nflu] cfjZos ;fwg, >f]t, :yfg / k|lzIfLt hgzlStsf] cfjZostf nfO{ dWo gh/ ub}{ ;+:yfn] k|:tfljt of] of]hgfsf] yfngL u/]sf] 5 .

4. of]hgfsf] kl/ro

pQ/df :ju{åf/L, blIf0fdf wf/fkfgL dlGb/ sf] s]Gb|df, 3f]/fxL t'n;Lk'/ dfu{;+u hf]l8Psf] ko{6lso b[li6sf]0fn] klg cToGt dxTjk"0f{ / k|b]z g+= % sf] ;Defljt /fhwfgL bfª If]qsf] ljsf;, zflGt, ;dfh lgdf{0fsf nflu ;+:yfn] clt dxTjk"0f{ e"ldsf sf ;fy g]kfn ;/sf/sf] /fi6« lgdf{0fsf] sfo{df nfUg' kg]{ ePsf]n] lgZro klg bfªsf] s]Gb| 3f]/fxL pk dxfgu/kflnsfdf Pp6f l/6«L6 ;]G6/ -tflnd s]Gb|\_ / Pp6f clt cfsif{s / 1fgjb{s cfWoflTds ;+u|fxfno agfpg' kg]{ b]lvPsf]n] ;+:yfsf] ldlt @)&$÷a]zfv $b]lv \* ut] ;Dd a;]sf] ;fwf/0f ;efn] ;d]t cg'df]bg u/L If]lqo /fhof]u k|lzIf0f s]Gb| t''''''n;Lk'/sf] dftxtdf /x]sf l:yflkt ;a} zfvf / pk–zfvfx?sf kbflwsf/Lx?sf] ;+o'Qm Kofgnn] ldlt @)&$÷!!÷!)=sf] a}7sdf of] k|:tfj kfl/t u/]sf] xf] . pQm of]hgfsf] gfd dw'jg l/l6«6 ;]G6/ lgdf{0f of]hgf /flvPsf] 5 . o;sf nflu ;+:yfsf] 3f]/fxL pk–dxfgu/kflnsf jf8{ g+= !% df l:yt -)–&–!)–)\_ @%\*#=() ju{ dL= sf] cfˆg} hUufnfO{ lgwf{l/t ul/ To;df Pp6f clt cfw'lgs ;j{ ;'ne ejgsf] lgdff{0f ug]{] of]hgfsf] cfwf/e"t :6Ld]6 tkl;nsf a'bfx?df lj:tf/n] pNn]v ul/Psf] 5 .

A= ljz]if alxis/0f (Specific Exclusions)

o; k|:tfjdf k|:t't gePsf a:t'÷cj:yfx? o; k|sf/ 5gM–

* cGo s'g} k|lt:kwf{xLg af]n kq cfXjgfgsf r/0fx?÷af]nkq sfo{Gjog pNn]lvt ;do eGbf 9Lnf] ePdf . ;/sf/L ejg lgdf0f{ gLltsf] kl/l;df eGbf dfyLsf] ;'ljwf o'St ;+/rgf -snfTds cfs[lt tyf leqL ;'ljwf Joj:yf \_
* of]hgfsf] cfly{s cfsngnfO{ k|efj kfg]{ ;fwgx?
* s'g} ljz]if pks/0f, a:t', jf pTkfbg slDtdf klg tLg cfly{s ;|f]taf6 pknAw u/fpg g;lsPdf .
* ljz]if1sf] k|f?k / k/fdz{ z'Ns .
* ejg lgdf0ffy{ ;/sf/L cg'dlt
* lgdf{tfsf] :yn lgl/If0f vr{
* of]hgf lgl/If0f z'Ns tyf ejg lgdf{0f cg'dlt z'Ns .
* kmlg{r/ tyf h8fg pks/0f
* 7]s]bf/ tyf of]hgf k|aGwssf] z'Ns
* kl/If0f z'Ns -df6f] kl/If0f, kfgLsf] ;tx kl/If0f tyf cGo\_
* sd;n lgdf{0f ;fdfu|Lsf] Go"gLs/0f -cfjZostf cg';f/\_
* lgdf{tfsf] cfˆg} kmlg{r/ ePdf
* cg'dflgt nfutdf kl/jt{g Nofpg ;Sg] ;fwg / cj:yfx? M
* sfo{of]hgfsf] kl/ l;dfnfO{ kl/dfh{g lgdf{0f sfo{df cfsl:dstf,
* 3/ k|j]z tyf Joj:yfkg vr{, k|j]z kl5sf] nfut, 9'jfgL vr{,
* 6]nLkmf]g ;]6 / h8fg s]a'n
* ;f]nf/ Kofgn

INTRODUCTION

s lgDg lnlvt cg'dfgsf cfwf/df of] cfFsng k|:t't ul/Psf] 5 .

B= lgdf{0f :yndf ul/]g] ;+/rgfx?

dw'jg l/6«L6 ;]G6/ lgdf{0f kl/of]hgfdf lgdf{0f ul/g] ljleGg ;+/rgfx?sf] ;'rL o; k|sf/ /x]sf] 5 .MM–

INTRODUCTION

lgdf{0f ;fdfu|Lx? h:t}M–l;d]G6, afn'jf, O{6f, /f]8f, 58, kfO{k,9n lgsf;, kfgL tfGg] df]6/, 6foN;, dfa{n, lgdf0f{ pks/0fx?, tyf 9'jfgL cGo . lgdf{0f sfo{ z'? ePkl5 logsf] nfut o; ljj/0fdf k]z ePsf] eGbf w]/} km/s kg{ klg ;S5 .

gf]6M–ljZj ahf/df clxn] b]lvPsf] t/ntfnfO{ x]/]/ nfut vr{df km/s kg{ ;Sg] b]lvPsf] 5 .

**C ljBdfg lgdf{0f :yn of]hgf**

! Ps %)) hgf Ifdtf ePsf] cTofw'lgs ;'ljwf ;DkGg cl86f]/Lod,

@ tLgj6f !%) hgfsf] Ifdtf ePsf 6«]lgª xfn

#= Pp6f !%) hgfn] ef]hg ug{ ;Sg] Ifdtf ePsf] ef]hgfno

$ @)) hgfsf] cfjf; lgjf;sf] Joj:yfsf nflu cnu cnu Ifdtf / ;a} k|sf/n] ;'ljwf ;DkGg %) j6f sf]7f,

% Ps cToGt 1fgaw{s clt cfsif{s cfWolTds Do"lhod -cfWoflTds ;+u|xfno\_

^ jftfj/0f tyf phf{ ;+/If0fsf nflu ;f}o{phf{ h8fg ul/g] 5 .

&= Wofg tyf ;fwgfsf nflu Pp6f ;'Gb/ lk/fdL8 sf] lgdf{0f ul/g] 5 . tyf

\* cflkm;, l/;]K;g tyf Pp6f nfOa|]l/sf nflu k|j]zdf g} slDtdf # j6f sf]7f

( ;jf/L ;fwgsf nflu c08/ u|fp08 kfls{ª, kfgL, ljh'nL, tyf kvf{n / k|j]zåf/ lgdf0f{,

!) lgdf{0fsf cltl/Qm v'Nnf If]qdf ;'Gb/ kfs{ lgdf{0f ul/g] 5 .

INTRODUCTION kl/ro

of] k|:tfjgf l/6«L6 ;]G6/ lgdf{0fsf] v];|f] cfn]v cfls{6]S6==================================/ OlGhgLo/==================================sf] ;xof]udf k|:t't ul/Psf] 5 . of] kl/of]hgfdf b'O{ v08df ejg lgdf{0f ul/g] 5 . klxnf] r/0fdf c08/ u|fp08 kfls{ª, k|vfn, k|j]zåf/, j[xQ ef]hgfno, k|lzIf0f u[x, ;Dd]ng ;efu[x sf] lgdf{0f ul/g] 5 . bf];|f] r/0fdf j[xQ cfjf; lgjf;, sfof{no k':tsfno lk/fld8, tyf cfWoflTds ;+u|xfnosf] lgdf{0f ul/g] 5 . lgdf0f{ ul/g] ejgsf] hDdf If]qkmn ======================== square feet. x'g] cg'dfg ul/Psf] 5 .

gf]6M–cg'dflgt lgdf{0fsf] nfutnfO{ ljlgof]hg ubf{ xfnsf] j:t'l:yltsf cfwf/df slDtdf klg !)) s/f]8 ?k}ofF a/fa/sf] cg'dflgt nfut ljlgof]hg ul/Psf] 5 .

D. of]hgfsf p2]Zox?

!= ;dfh df zflGt, Pstf / ;'Joj:yf sfod ug'{,

@= lzIffdf g}lts d"Nosf] ;dfj]z u/fO{ ;dfhsf k|Tos gful/sx?sf] g}lts pTyfgåf/ ;dfhsf] pTsif{ ug'{ .

#= ck/fw d'Qm, Jo;g d'Qm, >]i7 ;dfhsf] lgdf{0f ug{ o'jfx?nfO{ lqmofzLn ug'{ .

$= s'g} hflt, efiff, wd{, /+u, k|fGt, If]q eGbf dfyL p7]/ /fi6« lgdf{0fsf nflu kfl/jfl/s Pstf, ;fdflhs Pstf wfld{s Pstf, ;f+:s[lts Pstf, sf] ljsf; ug'{ .

%= /fi6«sf] pTyfg, ;dfhsf] pTyfg JolStsf] dfgl;s, jf}l4s, cfly{s pTyfg df lglxt 5 hf] cfWolTds 1fgsf] lagf ;Dej 5}g . ctM k|Tos JolStdf /fli6«o efjgfsf] ljsf; ug{ p;df cfWoflTds r]tgfsf] ljsf; u/]/ p;nfO{ ;zSt agfpg' .

^= xfdL ;a} cfTdf efO{ efO{ xf}+ Ps k/dlktf k/dfTdfsf ;Gtfg xf}+ eGg] >]i7 efjgfn] ;dfhdf a;'w}a s'6'Dasdsf] efjgf ;fsf/ kfg'{ .

&= ;]jf g} wd{ xf] ;]jf cyf{t\ lgM:jfy{ efj lgdf{0f lrQ, lgd{n af0fL hxfF k"0f{ ;dk{0ftf n] s7Lg eGbf klg s7Lg sfo{nfO{ ;/ntf k"j{s ;DkGg ug{ ;lsG5 eGg] efjgfsf] ljsf; ug'{ .

\*= :jf:Yo, lzIff, kof{j/0f ;+/If0f, zflGt tyf dfgj clwsf/ sf] If]qdf k|efjzfnL 9+un] ;]jf ug'{ .

**E.** lgdf{0fsf nflu cfGtl/s nfutsf] j:t' l:ylt

lgdf{0fsf nflu of]hgf leq kg]{ lgdf{0f If]q, dfqf / ljj/0fsf] ljifo

!= cg'dfgsf] cfwf/

s= gSzf - Drawings\_ v= k|:tfljt of]hgfsf] If]q u= pkof]lutf 3= kl/b[Zo ª= ejg ;+/rfgfsf] ljlzli6s/0f r= of]hgf dfglrq 5= k/fdz{ bftf Pj+ ljz]if1x?sf] l/kf]6{ . h= cGo cfly{s >f]t em= of]hgf sfo{ ljt/0fsf] ;'rLM

2. ljz]if1x?sf] 6f]nL

3. l;df cfFsng

4. of]hgf cfFsngnfO{ k|efj kfg]{ ;fwg

5 v'Nnf :yfg lgwf{/0f

F= of]hgf lgdf{0fsf nflu cfly{s >f]t

s\_ cfGtl/s >f]t

v\_ :yflgo lgsfo tyf g]kfn ;/sf/sf] ;xof]u

u\_ cGo

G. **of]hgfaf6 x'g] ;]jf**

o; of]hgfaf6 x'g] ;]jf o; k|sf/ 5g

!= ;dfhdf ;'v, zflGt, Pstf / ;befj :yfkgf ug{sf nflu ljleGg :t/df tflnd, l/l6«6, ;Dd]ng uf]i6L, sfo{zfnf tyf ;]ldgf/sf] cfof]hgf ug]{ .

@= ko{6gsf] If]qdf ljz]if ul/ cfWoflTds, wfld{s, ef}uf]lns tyf af}l4s If]qdf 6]jf k'¥ofpg] p2]Zon] ljz]if ;+u|xnosf] lgdf0f{ ul/ ;dfhsf ;a} ju{ / ;d"bfosf nflu lgMz'Ns ;]jf lbOg] 5 .

#= wfld{s Pj+ ;f+:s[lts w/f]x/x?sf] ;+/If0f, ;Daw{g / k'g lgdf0f{sf nflu ;dfhdf af}l4s r]tgfsf] ljsf; ug{] k|of; ug]{ 5 .

$= ;dfhdf ljBdfg c+wljZjf;, ?9LjfbL, tyf ;dflhs hLjgsf k|lts"n k/Dk/f, l/ltl/jfh / cf:yfsf] cGt ug{ ljz]if e"ldsf lgjf{x ug]{ 5 .

%= /fi6« lgdf{0fsf nflu /fi6«sf k|lt k"0f{ ;dk0f{sf] cfjZostf x'G5 . o;sf nflu k|Tos gful/sdf cIf'0f /fi6« elQm, /fi6«k|]d sf] ljsf; ug{df plrt lzIff k|bfg ug]{ 5 .

^= g]kfn ;/sf/sf k|Tos ljsf;sf sfo{df ;bf ;lqmo ?kdf ;xsfo{ ug]{ 5 .

H. **of]hgfsf If]qx?**

! ;dfhsf ;a} ju{ afn, o'jf, k|f}9 / j[4, wgL, ul/a, ;fIf/, c;fIf/, ljåfg, dlxnf tyf k'?if ;a}nfO{ cfWoflTds lzIff lbOG5 .

@= ljleGg ljifodf ;ef ;Dd]ng, uf]i6L, tflndx?sf] cfof]hgf ul/G5 . h:t} o'jf dxfT;j, gf/L ;zlSts/0f, Jo;g e"lQm, ;j{wd{ ;Dd]ng, ljrf/ uf]i6L cflb .

#= ljBfno, :s"n sfn]h, of cGo z}If]l0fs ;+:yfx?df g}lts d"No lzIff cleofg cGt/ut ;]jf lbOg] 5 .

$= ;]gf, k'ln;, sf/fuf/sf aGbLx?, ckf+u tyf zfl//Ls, dfgl;s /f]uLx? ;a}sf nflu ljleGg :yfgx?df tgfjd'lQM, Jo;g d'lQm, qmf]w d'lQM, :j k|aGwg g]t[Tjsnf ljsf;, ;sf/fTds ;f]rsf] ljsf;, 6fOd d]g]hd]G6, v'zxfn lhGbuL, cflb ljifodf k|lzIf0f tyf sfo{zfnf ug]{ .

%= ljZj zlGtsf nflu of]u ;fwgf, of]u lzjL/, of]u k|lzIf0f tyf of]u e§L cfof]hgf klg ul/g]5 .

^ ljleGg ;fdflhs psif{sf nflu s'g} g s'g} ljifodf k}bn ofqf, ;fOsn ofqf, df]6/ ;fOsn ofqf, sf/ tyf a;ofqf åf/f cleofg lgsflng] ul/g]5 .

o; of]hgfn] ljz]if /fKtL c~rnsf % lhNnfx?df ;]jf k|bfg ub} cfPsf] 5 / ;]jfsf] :t/ nfO{ clej[l4 ug{ ;lsPsf] v08df k'/f k|b]z g+= % / cfjZostf cg'?k k'/f b]zdf klg ug{ ;Sg] 5 .

;+:yfsf] gfdM– a|Xdfs'df/L O{Zj/Lo ljZj ljBfno Pj+ /fhof]u k|lzIf0f s]Gb| g]kfn 3f]/fxL zfvf bfªsf] l/6«L6 ;]G6/ lgdf{0f kl/of]hgfsf] v];|f cg'dflgt nfut vr{ k|ltj]bg @)&$

d'Vo ejgsf] If]q

of]hgfdf pNn]lvt ljifox?sf] ;'rL tn k|:t't ul/Psf 5g .

**I= o; ofhgf jf6 x'g] nfe**

of]hgfaf6 x'g] ljsf;sf If]qx?df cfwf/e"t lgdf{0f tyf Joj:yfkg

o; of]hgfaf6 x'g] ljsf;sf If]qx?df lgDgfg';f/ cfwf/e"t lgdf0f{ tyf Joj:yfkg ul/Psf] 5 . @)%) ;fn b]lv ;]jf k|f/De ePsf]df xfn o; If]q leq & zfvf / !) O{sfO s]Gb|x? ;]jf/t 5g\ / bfª lhNnfdf d'Vo # zfvf / $ OsfO{s]Gb|x? 5g\ .

;a} lhNnfx?df lgoldt sIff ;+rfng e}/x]sf 5g / o;sf] cg's'n kl/0fd :j?k ;a} lhNnf x?df ;+:yfsf nflu ejg lgdf0f{ ug{ hUufsf] Joj:yf ul/;s]sf] cj:yf 5 .

xfn #% b]lv $) hgf ;dlk{t ;b:ox? / nueu !))) hgf lgoldt /fhof]u lzIfyL{x?åf/f pQm lgoldt sfo{ ;+rfng x'b} cfPsf] / cfufdL lbgx?df o; hg zlStnfO{ :tl/o ?kaf6 cuf8L a9fpb} n}hfg] of]hgf /x]sf] 5 .