;q– !!

cfGtl/s ;f}Gbo{-;'Gb/tf\_

1 Minute Silence

Homework Check

;j{k|yd xfdL of] s'/f yfxf kfpg] 5f}+ ls k|efjzfnL JolStTj (Effective personality) s] xf] <====== cfh x/ sf]xL cfˆgf] k;{g}ln6L a9fpgdf nfu]sf] 5 . ;+;f/df /fd|+f] JolQmTj s:sf] dflgG5 ======h:n] /fd|f] ;'6 a'6 wf/0f u/]sf] x'G5 , uf8L, a+unf, gf]s/ rfs/ /fv]sf] x'G5 , t/ dfgf}+ s'g} /fd|f] /fon b]lvg]jfnf JolSt uf8Laf6 plqG5 , ufnL lbG5, yKk8 df5{, s]xL lbg kl5 cvaf/df ;dfrf/ lgl:sG5 ls ;f] JolSt w';vf]/Lsf] s]zdf kls{of] ta s] p;sf] JolQmTj k|efjzfnL dflgG5 / <=====sbfkL dflgGg .

ctM k;{g}ln6L xfd|f] sk8fn], wgn], ;fwgn], to x'g ;Sb}g . h:tf] ls d}n] oL :j]t a:q wf/0f u/]sL 5' / d ;b} of] Wofg /V5' ls o;df s'g} bfu gnfuf];\ .

a]bfu hLjg x'g' g} k;{g}ln6L xf] .

xfd|f] hLjgdf s'g} k|sf/sf] bfu gxf];\ cyf{t\ of] s;} klg gegf];\ ls of] t rf]/ xf], o;n] t e'm6 af]N5, o;n] t ;b} pN6f s'/f u5{, o;sf] t ;b} ;a};+u emu8f ug]{ cfbt k/]sf] 5 , of] t k|ltlbg Snf;df v8f x'G5 oL ;a} s] x'g t eGbf hLjgdf nfu]sf bfu g} x'g . of] x'g' /fd|f] xf]Og, of] xfd|f] hLjgdf x'g' x'Gg , xfd|f] rl/q a]bfu / pHHjn x'g k5{ .

**k|/s k|;+u**

:jfdL ljj]sfgGb cfh eGbf !@% jif{ k"j{ ;g\ !\*(# df klxnf] k6s cd]l/sf uP . jxfFn] u]?jf j:q z/L/df wf/0f ug'{ePsf] lyof] . jxfF Ps lbg PSn} cd]l/sfsf] ;8ddf w'dLx/g' ePsf] lyof] . ta ToxfF Pp6f cd]/Lsgn] pgnfO{ b]v]/ pgn] nufPsf] sk8fnfO{ b]v]/ xfF:fL/x]sf] lyof] . gj o"js cd]l/sg s]6fs]6Lx?n] c+u|]hLdf jxfFsf] dhfs p8fg yfn] . :jfdL ljj]sfgGb w]/} lj4fg x'g'x'GYof] . jxfFnfO{ w]/} efiffsf] 1fg klg lyof] . ta jxfFn] tL o'jsx?nfO{ cfˆgf] kf;df a'nfpg' eof] / w]/} /fd|f] c+u|]hL efiffdf dGg'eof] ltdLx?sf] b]zdf JolQmsf] kl/ro p;n] nufPsf] sk8faf6 x'G5 xf]nf t/ d Pp6f o:tf] b]zaf6 cfPsf] x"F hxfF JolQmsf] kl/ro p;sf] rl/qaf6 dfq x'G5 . tL o'jfsx? zld{bf eP / ef]nL kN6 ha lzsfuf]df cfof]hLt ljZj wd{ ;+;bdf jxfFn] cfˆgf] k|l;4 efif0f lbg' eof] ta ;f/f cd]l/sfaf;L :tAb x'g k'u], crlDet eP . lxGb' ;Eotf / ;+:s[ltsf k|lt nf]xf dfGg yfn] . PSn} :jfdL ljj]sfgGbn] cfˆgf] pGgt rl/qsf] ann] lxGb' ;Eotfsf] cfWoflTds zlStsf] lju'n ljZjdf km'Sg ;kmn eP .

**k;{g}ln6Lsf] cfwf/ xf] xfd|f] rl/q, xfd|f u'0f / ljz]iftfx?**

rl/q eg]sf] xfd|f] cfrf/–Jojxf/, af]nL efiff, rfn–rng, vfg–kfg, p7s–a}7s, xfd|f cfbtx?, ;f]r / ;+:csf/x?, b[li6sf]0f–;a} s'/f ldn]/ g} rl/qsf] lgdf{0f x'G5 . oxL >]i7 rl/q dfgj hLljgsf] ;a}eGbf 7"nf] sdfO{ xf] . elgG5 rl/q uof] t ;a} yf]s uof] .

clxn] xfdL s'/f ul//x]sf 5f}+ cfGtl/s ;'Gb/tfsf af/]df . cfGtl/s ;'Gb/tf eg]sf] s] xf] < of] s'/f a'em\g' clt g} cfjZos 5 .

dfgf} d]/f] kf;df b"O{j6f km"n 5g . bfofF xftdf Pp6f 7"nf] ;'Gb/ u'nfjsf] km"n 5 / jfofF xftdf klg Pp6f /fd|f] u'nfjsf] km'n 5 . kms{ s] 5 < bfofF xftsf] u'nfa gSsnL 5 sfuhsf] / jfofF xftdf jf:tjLs 5 , tkfO{x?nfO{ s'g dg knf{ ====< bfofFxft jfnf hf] w]/} /fd|f] 5 7"nf] klg 5, km]/L klg tkfO{x? jfofF xftjfnf g} dg k/fpg' x'G5 xf]nf . lsgsL o;df dgnfO{ cfgGb lbg]jfnf ;'uGw el/Psf] 5 oxL ;'uGw g} Og/ Ao"6L xf] .

dfgf}+ oxfF b'O{j6f lrq 6fluPsf 5g Pp6f s'g} PS6«;sf] 5 / csf]{ b]jLsf] ===== tkfO{sf] l;/ s:sf] ;Dd'v >4fn] e'mS5 < lsg======= PS6«; klg w]/} ;'Gb/ 5g ====sf/0f s] xf] =====b]jLdf Og/ Ao"6L 5 .

Snf;df klg xfdL s;sf] ;fydf a:5f}+, k|m]08lzk sf];+u u5f,}{ h;sf] Jojxf/ /fd|f] x'G5 , cyf{t\ Og/ Ao"6L x'G5 .

cfh ef]nLsf] ;do g} o:tf] 5 hxfF afxL/L ;'Gb/tfnfO{ g} w]/} dxTj lbOG5 . o;df klg sk8fx?sf], afnx?sf], cg]sf}+ k|sf/sf ;f}+Gbo{ k|;fwgx?sf], slt w]/} ;do, wg o;df vr{ ul/G5, k|ltlbg km}zg ab]ln/xG5g .

s]6f s]6Lx? s] eG5g, d ;+u klg o:tf] 8«]; eP x'GYof], o:t} a}u, o:t} h'tfx?, o:t} 38L, o:t} ;fOlsn eP x'GYof], t/ atfpFm km]zgdf tkfO{x? s;}nfO{ klg dft lbg ;Sg' x'Gg, x/fpg ;Sg' x'Gg, t/ Ps s'/fdf x/fpg ;Sg' x'G5 Tof] xf] l;DknLl;6L, ;fbuLdf egfO{ 5 .

Simplicity is beauty

hf] hlt l;Dkn x'G5 Tof] t]tL g} ;'Gb/ b]lvG5 . s] xfdL eGg ;S5f}+ ls dftf l;tf, jL/f+ufg nIdL afO{, db/ 6]/];f, dxfTdf a'4 a8fdxf/fh k[YjLgf/fo0f zfxf ;'Gb/ lyPgg======slxn} klg eGg ;Sb}gf}+======jxfFx? w]/} ;'Gb/ x'g'x'GYof] / ;b}a ;'Gb/ g} /xg' x'g]5 . o;}n] jxfFx?sf lrqx?n] ;lbof]+ b]lv 3/sf leQfx?sf] zf]ef a9fpb} cfO{/x]sf 5g . jxfFx?sf] h'g ;'Gb/tf 5 Tof] slxn} klg d]l6b}g jf d]l6g ;Sb}g, 36\b}g lsgsL Tof] xf] Og/ Ao"6L –cfGtl/s ;'Gb/tf .

aflx/L ;'Gb/tf t cfh 5 ef]nL 5}g, jf:tjdf Tof;df 5 g} s] ;fIfL eP/ clxn} g} cfˆgf] z/L/nfO{ x]g'{xf];\ dfyL dfyL 5fnf 5 o;sf] tn s] 5===== df;'===== Tof] eGbf tn xf8x?===Tof] eGbf tn s] 5 ===xf8x?sf] 9fFrfleq /ut=== gzfx? . h] klg xfdL vfgf vfG5f}+ kfgL lkp5f}+ To;sf] j]:6, ca eGg'xf];\ o; z/L/df s] 5 . ;f/fsf ;f/f j]:6 / v/fa a:t'nfO{ dfyLaf6 5fnfn] 9fs]sf] 5 . 5fnfsf] d'gL x]bf{ t s]xL klg 5}g .h:tf] ls s'g} l8Aafdf w]/} clws sr/f e/]/ l8AafnfO{ dfyLaf6 /}k/ ul/lbPsf] xf];\ . o;}n] elgG5

Beauty is only skin deep

-;'Gb/tf s]jn 5fnf ;Ddsf] dfq xf]\_

km]/L 5fnfsf] sn/ Tjrfsf] sn/nfO{ b]v]/ of] uf]/f] xf], of] sfnf] xf] eGg'=======cnL slt ;f]Rg'xf];\ ==== olb of] An}s af]8{ ;]tf] eOlbPsf] eP ==== /fd|f] b]lvGYfof] / < o;}n] x/]s sn/sf] cfˆgf] dxTj x'G5 .

dfgf}+ s'g} JolQm z/L/af6 w]/} ;'Gb/ 5 w]/} g} ;'Gb/ ca Tof] JolQmsf] d[To" eof] . d/] kl5 s] x'G5 , cfTdf lgSn]/ u}xfN5 . o;af6 of] a'lemG5 ls cfTdfn] g} o; ;'[Gb/ z/L/nfO{ 5f]8L lbof] . z/L/ d'bf{ e};Sof] . ca To; z/L/nfO{ x]g{ dg nfU5 < ca Tof] ;'Gb/ nfU5 < ====d'bf{ ;'Gb/ x'G5 / < x'Gg , jxL d'xf/ pg} cfFvf ;a}yf]s t klxn] s} 5g t/ ca x]g{ klg 8/ nfU5 lsg < === olb dl/;s] kl5 klg st} b]lvof] eg] eG5g efu efu e"t cfof] . t ca Tof] ;'Gb/tf stf x/fof] < jf:tjdf z/L/sf] ;'Gb/tf c;nL ;'Gb/tf xf]Og z/L/ klg ta ;Dd 7Ls /xG5 ha ;Ddf cfTdf x'G5 . cfTdf lglSng] ljlQs} ljlu{g yfN5 . ;8\g yfN5 . ca atfpg'xf];\ ;fFrf] ;'Gb/tf s'g rfFxL xf] < cfGtl/s ;'Gb/tf jf cfTdfsf] ;'Gb/tf . cfTdf jf:tjdf w]/} ;'Gb/ 5 . ;a}sf] cfTdf w]/} g} ;'Gb/ 5 . Ps ;'Gb/ rlDsnf] tf/f h:t} .

Soul- A beautiful point of light

cfTdfsf] ;'Gb/tf k|s6 x'G5 , z/L/sf]åf/f ;'Gb/ sfo{ u/]/ .

sxfgL

Ps ;dosf] s'/f] xf] Ps /fhfn] cfˆgf] /fHodf 3f]if0ff u/fof] ls h:sf xft ;a} eGbf ;'Gb/ xf]nfg To; JolQmnfO{ Ps dlxgf kl5 k'/:s[t ul/g] 5 . dflg;x? v'zL eP/ k'/:sf/ k|fKt ug{sf nflu cfˆgf xftx?sf] ;+efn ug]{ z'? ug{ yfn] . lbgdf cg]saf/ xft w'g yfn], s;}n] t ;fa'gn] xft /u8L /u8L w'g yfn] . s;}n] xftnfO{ ;'Gb/ agfpgsf nflu cg]sf}+ k|sf/sf lqmdx? nufpg yfn] . s;} s;}n] t sfd ug{ 5fl8lbP tfls st} xft s6 km6 uPdf s8s gagf];\ . dfgf}+ ls k'/f /fHodf xftnfO{ ;'Gb/ agfpg] xf]8 oflg k|lt:kbf{ z'? eof] .

lglZrt ul/Psf] ;do cfof] . /fhdxnsf] aflx/ ;a} k|hfhg nfO{gdf pleP/ cf–cfˆgf xftx? cuf8L u/]/ v8f eP . /fhf cfP clg Ps Ps ub}{ ;a}sf xft x]b}{ uP ha /fhf cGtdf k'u] ta Ps ;fgL gfgL bu'b}{ cfp5 . /fhfn] ;f]w] ltdL 9Lnf lsg cfof}+ < p;n] pQ/ lbO{ ls dxf/fh d v]tdf sfo{ ub}{ lyP , ;do uPsf] dnfO{ yfx} nfu]g . /fhfn] tL gfgLsf xft x]/]/ p;}sf xftnfO{ ;a} eGbf ;'Gb/ 3f]lift ul/lbP . ;a} k|hfhgdf xnrn dlrof] /fhfn] of] s:tf] Gofo ug'{eof] . To; aRrLsf xft t v;|f lyP t]lt ;fkm ;'Gb/ lyPgg . t s] /fhfn] unt Gofo u/]=====-u/]gg\_ ==== /fhfn] pQ/ lbP ls sfo{ ug]{ xftx? g} ;a} eGbf ;'Gb/ x'G5g . hgtfx?nfO{ ta s'/f ;demdf cfof] ta pgLx?n] kl/>d ug]{sf] lgZro u/] .

;'Gb/ Tof] xf] h:n] ;'Gb/ sfo{ u5{

*Beautiful hand always raise for help*

*Beautiful eye always see good*

*Beautiful mouth always speaks sweet*

*Beautiful face always smile*

*which face do you like?*

h:t} ls xfdL aflx/L ;'Gb/tfnfO{ Pgfdf x]g]{ u5f}+, o:t} g} cfGtl/s ;'Gb/tfnfO{ klg x]g]{ P]gf xf] hf] ;+u tkfO{x? /fd|/L kl/lrt x'g'x'G5

*Mirrar to see my inner beauty is*

*silence*

*Make up for my inner face......-* dw'/tf, k|;Ggtf, zflGt, ;Totf, k|]d, cf1fsfl/tf, ;/ntf================h:t} z/L/sf] ;'Gb/tf a9fpgsf nflu d]sck ul/G5 To:t} g} cfGtl/s ;'Gb/tf a9fpgsf nflu oL ;a} u'0fx? d]sck x'g . h'g cfTdfdf hlt w]/} dfqfdf oL u'0fx? x'G5g Tof] Tolt g} ;'Gb/ b]lvG5 . /fd|f] nfU5 .

of] d]sck ug{sf nflu P]gf xf] – zflGt *silence* ;fOn]+;df a;]/ x]g'{xf];\ ls d]/f] d]sck 7Ls 5 – d'vdf dw]/tf 5 , d'xf/df k|;Ggtf 5 , ;Totf 5, cg'zf;g 5, o;/L k|lt lbg u'0fx?n] d]sck ug]{ afgL a;fnf}+ .

t/ Wofg /fVg' kg]{ s'/f s] 5 eg] of] e]sck rfF8} g} v/fa x'G5 . tkfO{ laxfg} 3/af6 zflGtsf] d]sck u/]/ lg:sg' eof] . af6f]df s'g} o:tf] s'/f eof] ls tkfO{nfO{ qmf]w cfof] h:n]ubf{ ;f/f d]sck v/fa eof] . tkfO{n] s'g} cf1f dfGg' ePg xf]djs{ ug'{ ePg ;f/f d]sck lju|Lof] . o;}n] s] ug]{x'G5 ca < ======Og/ Ao"6Lsf nflu /fd|/L u'0fx?sf] d]sck ug'{ eof] eg] tkfO{ ;a}nfO{ w]/} ;'Gb/ w]/} Kof/f] nfUg' x'g] 5 / ;bf nfUg'x'g]5 .

xf]djs{

tL s'g s'g s'/f÷u'0fx? x'g h:n] d]/f] Og/ Ao"6LnfO{ a9fp5 <

tL s'g s'g cju'0f÷s'/fx? x'g h:n] d]/f] Og/ Ao"6LnfO{ sd ub}{ hfG5 <

sfFd]G6«L

d cfTdf Pp6f clt ;'Gb/ tf/f x"F =======ddf cg]sf}+ u'0fx?sf] ;'Gb/tf ;dflxt 5========== d o; ;+;f/df ;a} eGbf ;'Gb/ sfo{ ug{sf nflu cfPsf] x"F========.

uLt

;b\u'0f– cju'0fsf sf/0f sf]O{ xL/f t sf]O{ kTy/ 5

w/tLdf :ju{ a;fpg x] dfgj ltdLdf of] lge{/ 5

;b\u'0f– cju'0fsf sf/0f sf]O{ xL/f t sf]O{ kTy/ 5 @..

tF bLkn] lbkx? hnfpb} hf, tF ;a\nfO{ c+ufnf]df afFGb} hf

tF k|]d, Pstf, zflGt ;To, ;xof]usf df]tLx? afF8\b} hf

u'0fx?n] e/k"/ of] hLjg cGts/0fdf 5 /Tgfs/

;b\u'0f– cju'0fsf sf/0f sf]O{ xL/f t sf]O{ kTy/ 5 @..

gbLn] cfˆgf] hn lkpGg, kmn vfb}gg\ tL ?vx?

k/ pksf/sf nflu g} xfdL cgdf]n hLjg hLp a?

c?sf] b'MvnfO{ cfˆgf] dfg]df hLjg clt lxts/ 5

;b\u'0f– cju'0fsf sf/0f sf]O{ xL/f t sf]O{ kTy/ 5 @..