;q–!@

zAbsf] hfb" -DofhLs\_

1 Minute Silence

Homework Check

zAb cyf{t\ xfd|f] af]nLn] hfb" u5{ . ;'Gg]jfnf dfyL hfb" h:t} c;/ kf/f];\, o; k|sf/sf xfd|f zAb x'g\ . tkfFO{x? atfpg ;Sg' x'G5, s'g} pbfx/0f, o:tf zAbx? h:n] c?dfyL hfb" ug{ ;sf];\ . p;sf] d'8 g} r]+h ul/b]cf];\=======.

zAbx? / af]nLsf] w]/} k|efj k5{ . s;}n] af]n]sf] zAbnfO{ elgG5– ckzAb . o;n] ufnL u¥of], asjf; ul//x]sf] 5 . o:tf zAbx?nfO{ t s;}n] ;'Gg klg rfxGg . s] tkfO{x? ;'Gg rfxfg' x'G5 < =======rfxGgf}+==== ;'Gg rfxGgf}+ /fd|f] s'/f xf] t/ d'vaf6 af]Ng t af]Nb}gf}+ gL=======.

ca] x]/f}+ xfdLn] s'g s'g zAbx? af]Ng], h:n] hfb'sf] sfd u/f];\ .

xfdL cfˆgf] efiffdf oL zAbx? cfaZostf cg';f/ k|of]u ug]{5f}+ .

xh'/, x;\, ;fF/L, cjZo, cf]d\ zflGt, wGojfb, cfpg'xf];\, cfO{aS;Lof];\, a:g'xf];\÷la/flhaS;Lof];\÷al;aS;Lof];\, u'8df]lg{ª, xh'/÷tkfO{+, KnLh, gd:sf/

oL zAbx?sf] k|of]u u/]/ tkfO{ s;}nfO{ klg hfb' nufpg ;Sg'x'G5 . dflg;n] ;lDemmg]5g ls c/] jfx\ of] afa' t w]/} 1fgL 5 /fd|f] 5 , w]/} ;dembf/ 5 of]Uo 5 . of] dfG5] cjZo 7"nf] eP/ cfˆgf] / o; b]zsf] gfd prf] kg]{5 .

sfxfgL

Pp6f /fhfsf] kf;df Pp6f xftL lyof] . Tof] xftL /fhfsf] w]/} Kof/f] lyof] . la:tf/} la:tf/} Tof] xftL a'9f] x'b} uof] clg la/fdL klg kg{ yfNof] . /fhfn] To; xftLnfO{ x]/rfxf ug{sf nflu cfˆgf k|hfx?nfO{ lbg'eof] / lgb]{z lbg' eof] ls o;sf] /fd|/L x]/rfxf ug'{ , of] dg'{ ePg . olb s;}n] dnfO{ o;sf] dg]{sf] ;'rgf NofP/ lbG5 eg] p;sf] l;/ sf6Llbg] 5' . ;a} hgf xftLsf] ;]jfdf hL–Hofg sf nfu] t/ a'9f] e};s]sf] xftLnfO{ t Ps lbg dg'{ g} lyof] . Ps lbg Tof] xftL sf] d[To" eof] . ca k|hfsf] hLjgdf 7"nf] ljs6 kl/l:ylt cfof] ls /fhfnfO{ ;'rgf s:n] b]g] . hf] of] ;'rgf lbg hfG5 p;sf] t l;/ sfl6G5===. ta Pp6f j[4 cg'ejL ;dembf/ JolQmn] of] lhDd]jf/L p7fof] . p;n] /fhfnfO{ uP/ eGof] ls dxf/fh , xh'sf] Tof] o/fjt xftL lyof] lg p;nfO{ chef]nL s] eof] s'GgL gt x]5{, g afN5, g rnlkm/ u5{, g vfgf vfG5, a; ;f/f lbg lbg ;'tL /xG5 . /fhfn] ;f]Wg' ef]– s] To];sf] d[To" eof] < dxf/fh, of] s'/f d s;/L eGg ;S5' . yfxf kfpg' eof] s;/L /fhfnfO{ xftLsf] d[To"sf] ;'rgf lbP . ;+:s[tdf elgG5 ls ;To af]nf}+, lk|o af]nf}+ t/ o:tf] ;To gaf]nf}+ hf] clk|o xf];\ / o:tf lk|o af]nLx? klg gaf]nf}+ hf] c;To xf];\ .

sfxfgL

Pp6f /fhfn] cfˆgf xft Pp6f Hof]ltifLnfO{ b]vfP . p;n] atfof] ls x] /fhg\ tkfO{sf kl/jf/sf ;a} dflg;x? tkfO{ eGbf klxn] g} dg]{5g\ . of] s'/f ;'g]/ /fhfn] p;nfO{ h]ndf xfnL lbP . csf]{ Hof]ltif – dxf/fh xh'sf] cfo' tkfO{sf kl/jf/sf ;a} ;b:ox?sf] eGbf nfdf] 5 . of] ;'g]/ /fhfn] To; Hof]ltifLnfO{ w]/} pkxf/x? / k'/:sf/ lbP/ ljbf u/] . s'/f] t Pp6} lyof] t/ atfpg] tl/sf km/s lyof] .

af]nL jf zAbx? s:tf x'g' k5{M–

! pd+u–pT;fx a9fpg]jfnf @ v'zL lbg]jfnf

# dg df]lxt kg]{ $ lxDdt a9fpg] vfn]

% Ifd ul/lbg] vfn] ^ lbg]sf] efj k|s6 ug]{ vfn]

& cfzL{jfb lbg] jfnf \* ;Tsf/ hGo

pk/f]Qm zAbfjnLsf] pbfx/0fåf/f :kli6s/0fM–

! zfafz, ltdLn] w]/} /fd|f] xf]djs{ u/]/ Nofof]+ . @ -gfd lnP/\_ ltdL w]/} /fd|f] 5f]+ .

# r'6\lsnf– Ps 6Lr/n] ljBfyLx?nfO{ Pp6f ul/a kl/jf/ ljifos lgaGw n]v]/ Nofpg eGg' eof] . Pp6f ljBfyL{n] n]v]/ Nofof] – Pp6f w/} g} ul/a kl/jf/ lyof] . p;sf dftf lktf klg ul/a lyP . p;sf 5f]/f 5f]/Lx? klg w]/} ul/a lyP. p;sf] 3/df cfpg] ;a} kfx'gfx? klg ul/a g} lyP . p;sf] 3/df sfd ug]{ gf]s/ klg w]/} ul/a lyof] . p;sf] uf8L rnfpg] 8«fOj/ klg w]/} ul/a lyof] . p;sf] uf8]{gdf sfd ug]{ dfnL klg w]/} ul/a g} lyof] . larf/ kl/jf/ w]/} ul/a lyof] .

$ w]/} /fd|f] k|of; ug'{x'G5 , ;kmntf cjZo ldNg]5 .

% o;k6s h] eof] eof], csf]{ k6s Wofg /fVg'xf]nf .

^ cfh tkfO{ k}g ljl;{g' eP5 lng'xf];\ .

& OZj/n] tkfO{sf] k|Tos sfo{df ;kmntf k|bfg u?g .

\* cfpg'xf];\ a:g'xf];\ , xh'/nfO{ :jfut 5 , xh'/;+u ldNg kfpbf w]/} v'zL nfUof] .

:nf]ug

* yf]/} af]nf}+, lj:tf/} af]nf}+, dL7f] af]nf}+ / ;To af]nf}+
* klxn] tf]nf}+, km]l/ af]nf}+
* kind word are more then Medicine

s]xL pbfx/0f

:jfdL ljj]sfgGbn] !\*(# df lzsfuf]df cfof]lht wd{;+;bdf efif0f ubf{ v]/L ha d]/f lk|o bfh'efO{ lbbLaxLgLx? eg]/ ;+af]lwt ug'{ eof] ta jxfF pkl:yt ;|tfx?df hfb' eof] . cfh ;Ddsf aQmfx?n] n]l8h P08 h]G6Lnd]g eg]/ ;+af]lwt u/]sf lyP h'g ;Daf]wgdf cfˆgf]kg emlNsGg lyof] .

;'efif rGb| af];– ltdL dnfO{ /ut b]pm d ltdLnfO{ cfhfbL lbg]5' .

ltdL w]/} 7"nf] dflg; aGg] 5f}+ , s;}n] eg]sf] of] zAbn] hfb' ul/ lbof]========

cf]d\ zflGt zAbsf] hfb' !## b]zx?df ( nfv efO{ axLgLx? / pgLx?sf kl/jf/ tyf pgsf Oi6ldq ;DalGw / ;Dks{df cfpg] ;a}nfO{ ul//x]sf] 5 .

Activity

ljBfyL{x? vf;Lv';L-km';km';fP/\_ u/]/ af]Ng l;s'g\ . k'/f Snf;nfO{ eGg'xf];\ ls cfk;df s'/f ug'{xf];\ t/ km';km';fP/, km]/L xg'{xf];\ ls ;a}n] s'/f ul//xbf Snf;df cnslt klg cfjfh cfpb}g .

df}gsf] klg w]/} dxTj 5 . cgfjZos af]Ng' eGbf gaf]Ng' g} af]z . 6Lr/ Snf;df cfpbf p;sf] dfyL hfb' xf];\ . o:tf] s] u/f}+ ======Snf; Psbd zfGt e]xfnf];\ . ;a} hgf df}g eP/ a;f}+ . 6L=jL= x]l//xg' ePsf] 5 , cfdfn] aGb u/ eGg' eof] tkfO{ t'?Gt a+b ul/lbg'xf];\ . of] s'/f Wofg /fVg' clt cfjZos 5 ls c?n] xfdLnfO{ w]/}k6s eGg' gk/f];\ . xfdLnfO{ k6s k6s ;Demfpgdf /f]Sgdf jxfFx?nfO{ cfˆgf] PghL{ j]:6 ug'{ gk/f];\ . cfdf ljxfg} p7fpg' x'G5 eg] t'?Gt pl7xfnf}+ tls cfdfdf klg xfd|f] hfb' nfuf];\ . 7"nfa8fn] eg]sf] t'?Gt dfGof]+ eg] xf};\ xh'/ eg]kl5 t hfb' g} xf]nf gL .

sd]6«L

2 Munite Silence

xf]djs{

zAbx?af6 hfb' ug]{ ;DaGwdf , cfˆgf] gf]6 a'sdf gf]6 u/]/ Nofpg'xf];\ .